



# After Cataract Surgery Instructions

**\*\*BRING YOUR KIT / EYE DROPS TO ALL FOLLOW-UP APPOINTMENTS\*\***

**APPLIES TO ALL SURGICAL PATIENTS**

- Avoid water in the operated eye for seven (7) days.
- Tape eye shield over operated eye while sleeping for seven (7) days.
- Avoid rubbing or pressure on the operated eye for seven (7) days.
- Resume and/or continue all medications and drops you were taking before your procedure.
- Resume normal activities and regular diet. You may read and watch TV.

Special Instructions (only if box is checked):

\_\_\_\_\_ Patch to be removed by patient in \_\_\_\_\_ hours. Begin post-operative drops after removing patch.

\_\_\_\_\_ Leave patched overnight. No drops tonight. Physician to remove patch at your follow up appointment.

\_\_\_\_\_ Other: \_\_\_\_\_

**DROPS AND MEDICATIONS ORDERED:**

**Antibiotic (Tan Top)**

One drop:

4 times a day for one week then STOP.

**Steroid (White/Pink Top)**

One drop:

4 times a day for one week then  
3 times a day for one week then  
2 times a day for one week then  
1 time a day for one week then STOP.

**Anti-Inflammatory (Gray Top)**

One drop:

1 time a day for 4 weeks then STOP.

Generics (Gray Top)

2 times a day for 4 weeks, then stop

**\*\* ALWAYS WAIT A FEW MINUTES BETWEEN EYE DROPS \*\***

**EXPECTATIONS AFTER SURGERY:**

It is normal for your eye to be slightly red, sore, scratchy, and itchy for a few days after surgery. As the eye heals, you may notice a mild blur in vision or a “flicker” the first few days after surgery. It is extremely important to keep your required followup appointment. **If you have questions or problems, call (731)664-1994 or (800)945-1994.**

**REQUIRED FOLLOWUP APPOINTMENT:**

Hughes Eye Group - Jackson (or \_\_\_\_\_) Date / Time: \_\_\_\_\_

Referring Doctor/Location: \_\_\_\_\_ Date / Time: \_\_\_\_\_

Eye: ___Left ___Right		<b>ANTIBIOTIC (TAN TOP)</b> (Vigamox, ciprofloxacin, ofloxacin, gatifloxacin, Besivance or similar) <b>4 times a day for 1 week then stop</b>	<b>STEROID (PINK TOP)</b> (Pred Forte, Durezol prednisolone, Lotemax or similar) <b>4 times a day for 1 week, then 3 x day for 1 week, 2 x day for 1 week, 1 x day for 1 week then stop</b>	<b>ANTI-INFLAMMATORY (GRAY TOP)</b> <i>*Brand names*</i> (Prolensa, Ilevro) <b>1 drop per day for 28 days</b> <i>*Generic Brands*</i> (Ketorolac, Diclofenac) <b>1 drop 2 times a day for 28 days</b>
Day	Date			
1				
2				
3				
4				
5				
6				
7				
8		<b>STOP Using Antibiotic After Day 7</b>		<b>Use 1 drop 3 times per day this week</b>
9				
10				
11				
12				
13				
14				
15				<b>Use 1 drop 2 times per day this week</b>
16				
17				
18				
19				
20				
21				
22				<b>Use only 1 drop per day this week</b>
23				
24				
25				
26				
27				
28				
For any questions Call Hughes Eye Group Phone: (731) 664-1994		<b>*Please start all 3 eye drops when you get home on the day of surgery*</b> (unless instructed otherwise) Allow 3 to 5 minutes between drops Mark each administration box when a drop is given.		Patient Label