

## After Cataract Surgery Instructions

**\*\*BRING YOUR KIT / EYE DROPS TO ALL FOLLOW-UP APPOINTMENTS\*\***

### APPLIES TO ALL SURGICAL PATIENTS

- Avoid water in the operated eye for seven (7) days.
- Tape eye shield over operated eye while sleeping for seven (7) days.
- Avoid rubbing or pressure on the operated eye for seven (7) days.
- Resume and/or continue all medications and drops you were taking before your procedure.
- Resume normal activities and regular diet. You may read and watch TV.

Special Instructions (only if box is checked):

\_\_\_\_\_ Patch to be removed by patient in \_\_\_\_\_ hours. Begin post-operative drops after removing patch.

\_\_\_\_\_ Leave patched overnight. No drops tonight. Physician to remove patch at your follow up appointment.

\_\_\_\_\_ Other: \_\_\_\_\_

### DROPS AND MEDICATIONS ORDERED:

LessDrops®

(ONE BOTTLE: Antibiotic – Steroid – Anti-inflammatory combined)

**SHAKE WELL, remove cap, turn bottle upside down, then squeeze to instill drop.**



**Before Surgery**  
Instill one drop  
4 times per day  
the day before surgery

**After Surgery**  
Instill one drop  
4 times per day for 1 week, then  
3 times per day for 1 week, then  
2 times per day for 1 week, then  
1 time per day for 1 week, then  
**STOP**

### EXPECTATIONS AFTER SURGERY:

It is normal for your eye to be slightly red, sore, scratchy, and itchy for a few days after surgery. As the eye heals, you may notice a mild blur in vision or a “flicker” the first few days after surgery. It is extremely important to keep your required followup appointment. **If you have questions or problems, call (731)664-1994 or (800)945-1994.**

### REQUIRED FOLLOWUP APPOINTMENT:

Hughes Eye Group - Jackson (or \_\_\_\_\_) Date / Time: \_\_\_\_\_  
Referring Doctor/Location: \_\_\_\_\_ Date / Time: \_\_\_\_\_

Eye: ___Left ___Right		<b>Combination Eye Drop</b> 4 times a day for 1 week, then 3 x day for 1 week, 2 x day for 1 week, 1 x day for 1 week then stop			
Day	Date				
1					
2					
3					
4					
5					
6					
7					
8					Use 1 drop 3 times per day this week
9					
10					
11					
12					
13					
14					
15				Use 1 drop 2 times per day this week	
16					
17					
18					
19					
20					
21					
22				Use only 1 drop per day this week	
23					
24					
25					
26					
27					
28					

For any questions Call Hughes Eye Group Phone: (731) 664-1994	<b>*Please start your eye drops when you get home on the day of surgery*</b> (unless instructed otherwise) Mark each administration box when a drop is given.	Patient Label
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